

## ON THE BACK COVER

Christians are crashing and burning on the runways of life. Through the TV, Internet, cell phones, newspapers, books, and magazines we are bombarded by the world's temptations and attractions. The response of choosing isolation from the world doesn't work: we fail to reach the people God has called us to reach, and we find that the problem comes with us in the sinful desires of our hearts. The opposite extreme, becoming like the world, turns Christians into people who are irrelevant. So how can we build pure lives in this generation? The Word of God has the answers. This workbook is



designed to be used by small groups, counselors, and individuals to help us get into God's Word to find His help to be pure people in a world overcome with sensuality in all its forms.

**Dr. Dave Coats** is a certified biblical counselor with ACBC and loves to see how God uses the Word to address people's problems. He has also taught biblical counseling in three different countries and has led a counseling program at the university level.

## AT A GLANCE . . .

Soul Purity : A Workbook for Counselors and Small Groups

David A. Coats

Trade Paperback, 9 x 6 inches, 260pp

Retail price: \$17.99 | £12.99

ISBN: 978-0-9899532-2-1

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Trade orders from:

USA: [www.stl-distribution.com](http://www.stl-distribution.com)

UK: Details pending

## WHO SHOULD READ THIS?

- All Christians will benefit from going deeper into the reality of God by meditating on His goodness and greatness, while journaling their own thoughts that drive them to Soul Purity.

## THE TABLE OF CONTENTS

- Week #1: Reset the conscience. In this week you develop a godly sorrow over sin and a thankfulness for God's goodness.
- Week #2: Win the battle. In this week you will understand your position in Christ, the battle for your heart, and God's promises to you.
- Week #3: Protect the heart. In this week you will take necessary steps towards purity.
- Week #4: Rebuild the mind. In this week you will learn what being in God's image can do for a pure soul.
- Week #5: Walk with your God. In this week you will learn how to develop intimacy with God.
- Week #6: Recognize what God has done. Develop a grateful spirit in this week.
- Week #7: Encourage yourself in God's word. In this week you will enjoy Psalms 119.
- Week #8: Answer the key question. In this week you will know the reality of salvation.

Sample of one week's readings:

- Day 1. What is the conscience ?
- Day 2. How we set the conscience
- Day 3. Passages that help picture sin
- Day 4. Godly sorrow and repentance (1)
- Day 5. Godly sorrow and repentance (2)
- Day 6. God's goodness and greatness
- Day 7. Focus on the cross

## WHAT PEOPLE ARE SAYING ABOUT THIS BOOK

Over an eight-week period of manageable daily lessons, Dave systematically dismantles the heart idols that surround the sins of impurity, and gradually builds a new and powerful sense of the greatness and goodness of God. The mind is nurtured with daily readings, songs, meditations, and questions, all intended to renew the heart in the process.

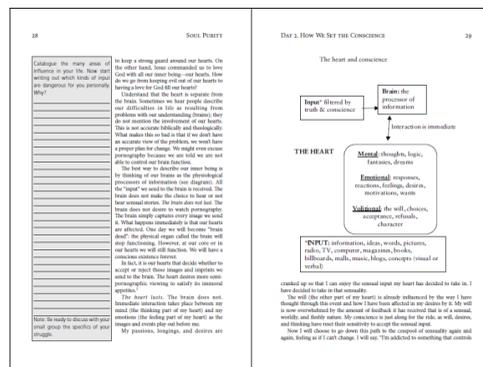
*Dr. David Murray, Professor at Puritan Reformed Seminary and Pastor of Grand Rapids Free Reformed Church*

Dave Coats's *Soul Purity* is a rich, robust, relational resource. Other materials on this vital topic often move toward extremes: they are either too abstract or they are so "practical" that they lack a theological foundation. This work, on the other hand, beautifully balances theological depth with practical implementation. Coats's focus on the heart and conscience reminds me of the great Puritan soul physicians who blended the holiness of God and the horrors of sin with the forgiveness of Christ and the wonders of grace. I highly recommend this Christ-focused, gospel-centered workbook.

*Bob Kellemen, Ph.D., Chair of the Biblical Counseling and Discipleship Department, Crossroads Bible College*

## TRY BEFORE YOU BUY

Visit [www.coatscounsel.net](http://www.coatscounsel.net) to read several pages of the book.



## WHY SHOULD YOU BUY THIS?

- Every one of us **knows someone** who is not winning the battle for Soul Purity. They need this book. It is time to go after this struggle with the intent to win.
- Your church men and women need to take time in their **small groups** to work through this material. Without this resource, you are just skimming the surface of hope and help.
- The **gospel focus** through the daily meditation themes is worth the price of the book alone. **Themes Include:** *God's goodness:* He gives wisdom to the wise and knowledge to those who have understanding. (Dan. 2:21); *God's greatness:* Truly your God is God of gods and Lord of kings, and a revealer of mysteries. (Dan. 2:47); "By this point in your journey you will be beginning to appreciate the impact of meditating on something or someone so vast and good as God."

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